



MEDIA  
RELEASE

CONTACT: Julie Anderson, Leavenworth Parks and Recreation Director  
(913) 651-2203  
or  
Wendy Scheidt, Leavenworth Main Street Executive Director  
(913) 682-3924

DATE: August 17, 2009

FOR IMMEDIATE RELEASE

***FIRST CITY FESTIVAL: DANCIN' IN THE STREETS***  
**TAKING IN THE SIGHTS AND SOUNDS ALONG THREE MILE CREEK TRAIL**

Downtown Leavenworth is known for its historic buildings and unique shops, restaurants and businesses. But did you know that it is also home to wildlife such as deer, turtles and beaver? Take a walk along the recently completed Three Mile Creek Trail and you will find all of these and more. And on Saturday, Sept. 12, you will also find art, music and history.

To showcase the City of Leavenworth's newest recreation area, Leavenworth Main Street and the City are planning some special events along the Trail during this year's First City Festival.

According to Julie Anderson, Leavenworth Parks and Recreation Director, the Trail was completed in July as part of the City's nearly \$6.5 million downtown renovation projects. "The special events on Three Mile Creek Trail will give area residents and festival visitors the opportunity to discover a new view of the downtown area."

**First City Festival: Dancin' in the Streets**  
**Sept. 10-12, 2009**

**Three Mile Creek Trail Events,**  
**Saturday, Sept. 12**

- 5K Run to the River
  - Late registration: 5:30-7 a.m.
  - Packet pick-up closes: 7:30 a.m.
  - Women's race: 8 a.m.
  - Men's race: 9 a.m.
  - Kids' Fun Run: 9:45 a.m.
- Volksmarch
  - Registration: 8:30-9:30 a.m.
  - Walk: 10:15 a.m.-1:30 p.m.
- Haymarket Square and Three Mile Creek Trail Dedication Ceremony and Ribbon Cutting/5K Run awards presentation, 11 a.m.-12 p.m.
- Art, Music and History on the Trail, 10:15 a.m. -1:30 p.m.

Wendy Scheidt, Leavenworth Main Street Executive Director and Festival Coordinator, says that the Leavenworth County Artists Association will have members working on their paintings and drawings along sections of the Trail. “The artists can get inspiration for their creative works in this outdoor atmosphere. We will also have musicians and historical re-enactors performing while people enjoy the scenic trail.”

Anderson says that the First Annual 5K Run to the River kicks off the Trail events early Saturday morning. “The run includes a women’s race, men’s race and kids’ fun run,” she explains. Registration forms are available at the Riverfront Community Center, 123 Esplanade, Leavenworth, Kan., or online at lvks.org. Deadline is Wednesday, Sept. 9 at 9 p.m., online registration closes at midnight. Registration fee is \$25; late registration is \$35. Late registration will be accepted the day of the race, from 5:30 to 7 a.m.

Race participants will each receive a t-shirt (early registration only) and a free pancake breakfast following the race, sponsored by the Leavenworth Rotary Club. Winners will receive their awards during the Haymarket Square ribbon cutting and dedication ceremony from 11 a.m. to 12 p.m.

“The Kansas Jaywalkers of Leavenworth, a local walking club affiliated with the American Volkssport Association, will hold a 5K walk following the 5K run,” Scheidt adds. The walk will start at Haymarket Square, 7th and Cherokee, between 10:15 and 11 a.m., with a finish time no later than 2 p.m. The walk is non-competitive and follows Three Mile Creek Trail. All ages welcome. The cost is \$3. Awards from previous walks will be available for \$1. For more information, contact Thomas Tesch at 913-727-3289 (anytime) or Lucy Yother at 913-684- 4503 (daytime).

For more information about First City Festival: Dancin’ in the Streets events, contact Leavenworth Main Street at 913-682-3924 or check the web site at [www.leavenworthmainstreet.com](http://www.leavenworthmainstreet.com).

###

*“This program is supported in part through an agreement with the Kansas Main Street Program, Kansas Department of Commerce”*